

# FUTURE TRACK RUNNING CLUB ENROLLMENT FORM

Valid through 08/31/12

<b>Please complete this entire section:</b>	<b>For additional family members:</b>
<b>Name:</b>	<b>Name:</b>
<b>Address:</b>	<b>Name:</b>
<b>City, Zip:</b>	<b>Name:</b>
<b>E-mail:</b>	<b>E-Mail:</b>
<b>Daytime Phone:</b>	<b>Daytime Phone:</b>
<b>Evening / Cell Phone:</b>	<b>Evening / Cell Phone:</b>
<b>List any medical situations we should be aware of in case of an emergency:</b>	

<b>Emergency Contact</b>	
<b>NAME:</b>	<b>PHONE:</b>

**E-mail distribution information:**

- Check here  to agree to receive periodic e-mails from **this Club.\***
- Check here  to agree to receive periodic e-mails from **the Future Track Running Center.**
- Check here  to agree to share your e-mail address with **Club Members.**

\* Paid club members receive e-mails from this Club.

### WAIVER AND RELEASE OF LIABILITY

In consideration of being allowed to participate in any way in the FUTURE TRACK INC. athletic/sports program, related events and activities, the undersigned acknowledges, appreciates, and agrees that:

- 1) The risk of injury from the activities involved in this program is significant, including the potential for permanent paralysis and death, and while particular rules, equipment, and personal discipline may reduce this risk, the risk of serious injury does exist; and,
- 2) I KNOWINGLY AND FREELY ASSUME ALL SUCH RISKS, both known and unknown, EVEN IF ARISING FROM THE NEGLIGENCE OF THE RELEASEES or others, and assume full responsibility for my participation; and,
- 3) I willingly agree to comply with the stated and customary terms and conditions for participation. If however I observe any unusual significant hazard during my presence or participation, I will remove myself from participation and bring such to the attention of the nearest official immediately; and,
- 4) I, for myself and on behalf of my heirs, assigns, personal representatives and next of kin, HEREBY RELEASE AND HOLD HARMLESS THE FUTURE TRACK INC., their officials, agents and or employees, other participants, sponsoring agencies, sponsors, advertisers, and, if applicable, owners and lessors of premises used to conduct the event ("releasees"), with person or property, WHETHER ARISING FROM THE NEGLIGENCE OF THE RELEASEES OR OTHERWISE.

I HAVE READ THIS RELEASE OF LIABILITY AND ASSUMPTION OF RISK AGREEMENT, FULLY UNDERSTAND ITS TERMS, UNDERSTAND THAT I HAVE GIVEN UP SUBSTANTIAL RIGHTS BY SIGNING IT, AND SIGN IT FREELY AND VOLUNTARILY WITHOUT ANY INDUCEMENT.

**Individual's signature:** \_\_\_\_\_ **Date:** \_\_\_\_\_

**Family member's signature:** \_\_\_\_\_ **Date:** \_\_\_\_\_

**Dues Info: make checks payable to Future Track Inc.**

<b>Individual – \$65.00</b>	<b>Family – \$100.00</b>	<b>Limited – \$10.00**</b>
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\*\* Limited members receive club e-mails, attend club activities and participate in up to 4 track workouts per year.

**Mail dues or bring to practice and hand to Keena.**

**Keena Carstensen**  
**1853 Montgomery Road**  
**Thousand Oaks, CA 91360**

**(coachkeena.tohs@gmail.com)**